



# Walk a Mile in Her Shoes®

## **THE INTERNATIONAL MEN'S MARCH TO STOP RAPE, SEXUAL ASSAULT & GENDER VIOLENCE**

There is an old saying: "You can't really understand another person's experience until you've walked a mile in their shoes." Walk a Mile in Her Shoes® asks men to literally walk one mile in women's high-heeled shoes. It's not easy walking in these shoes, but it's fun and it gets the community to talk about something that's really difficult to talk about: gender relations and sexual violence.

**And We THANK YOU!!!**

In order for us to assist in the on-line pledges as well as the process of the walk, we require some information. Please take the time to fill out the following form and email it to your contact.

Bruce County: Michelle Lamont, [mlamont@whsbg.on.ca](mailto:mlamont@whsbg.on.ca)

**Please delete the line(s), and type in your answers**

Individual Name(s) \_\_\_\_\_

Team Name (if applicable) \_\_\_\_\_

Contact Name \_\_\_\_\_

Contact Phone Number \_\_\_\_\_ Alt. Number \_\_\_\_\_

Contact email address \_\_\_\_\_ Alt. email \_\_\_\_\_

Shoe Size(s) \_\_\_\_\_

Create a Profile and tell us the Reason why your are Walking

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When submitting this application, please include a picture of you or your team (it doesn't have to be professional, just clear) to be featured on our website and encourage on-line pledges. Thanks.